

Carrier oils and their benefits

Jojoba Oil

- Protects skin from dehydration
- This oil is very similar in composition to sebum, the skin's natural oils, so the skin is able to absorb it easily
- Strengthens sensitive skin
- Soothes and heals skin damaged by eczema or psoriasis

Olive Oil- Help

- to promote the elasticity in skin.
- Protects skin
- Promotes smooth skin
- Packed with anti-aging antioxidants

Coconut Oil

- Naturally has antifungal and antibacterial properties
- Moisturizes and soothes

Sweet Almond Oil

- Great for sensitive skin
- High in vitamin A, E and B
- Great for chapped lips and skin

Grapeseed Oil

- High in vitamin E and Omega-6 fatty acid
- Antioxidants for skin
- Great for oily skin

Apricot Oil

- Omega-6 fatty acids
- Nourishes skin deeply
- Heals damaged skin

Argan Moroccan Oil

- High in Vitamin A and E
- Hydrates and softens skin
- Omega-9 and Omega-6 fatty acids

Avocado Oil

- Essential fatty acids
- Natural sunblock
- antioxidants